

Game Bag Packing List

Take a look at the following lists and see what works for you. If you have any ideas for other items, let us know so we can add them.

The very FIRST thing you put in your bag is your #4 ball, followed by your water bottle(s)! If your water bottle is frozen, the condensation WILL get everything near it wet, so it should be placed in a plastic bag and in the side pocket.

Your ball should have your name written all over it with permanent marker.

Your bag should have your name, address and phone number written on an inside panel with a permanent marker.

EVERY DAY LIST

- #4 ball
- water bottle
- any extra Ace wraps or knee pads that YOU normally use
- spare parts kit

It is strongly recommended that you keep the following as a Spare Parts kit:

- sun screen
- spare laces from old cleats
- insect repellent

ALL of these items will easily fit in one Zip-Loc bag. To make it easy to find, keep it in a side zippered pocket.

GAME DAY LIST

EVERY DAY ITEMS *+plus+*

- your alternate jersey--in case we come up against another team with the same colors
- turf shoes>>>used if playing on a hard, dry field (your indoor shoes)

TOURNAMENT LIST

EVERY DAY ITEMS *+plus+* GAME DAY ITEMS *+plus+*

- a second pair of uniform socks so you can have dry socks for the second game
- sneakers or sandals to wear between games

WET WEATHER

- to keep game bag contents dry, pack them in a plastic bag before placing in your game bag
- rain jacket/poncho

COLD WEATHER

For Practices or Games, pack the following as needed:

- long sleeve Mock turtle shirt
- wool gloves/mittens--NO METAL WRIST CLIPS
- wool ski cap